

BALI RICA CLASS SCHEDULE



JANUARY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 QIGONG 1:00 TAICHI 2:00	4 YOGA 8:00	5	6	7 YOGA 8:00 DHARMA 10:00	8

9	10 QIGONG 1:00 TAICHI 2:00	11 YOGA 8:00	12	13	14 YOGA 8:00 DHARMA 10:00	15
16	17 QIGONG 1:00 TAICHI 2:00	18 YOGA 8:00	19	20	21 YOGA 8:00 DHARMA 10:00	22
23	24 QIGONG 1:00 TAICHI 2:00	25 YOGA 8:00	26	27	28 YOGA 8:00 DHARMA 10:00	29

30	31 QIGONG 1:00 TAICHI 2:00	FEB 1 YOGA 8:00	2	3	4 YOGA 8:00 DHARMA 10:00	5
----	----------------------------------	--------------------	---	---	--------------------------------	---

*We ask all participants in classes to be Covid vaccinated.
Or mask/sit outside of Yoga Pavilion on lawn & keep social distancing.*

THANK YOU FOR UNDERSTANDING

Vinyasa Yoga

\$10 Suggested Donation - 6 students max (for healthy spacing)

To ensure your spot contact Pam whatsapp +1(414)704-4145: or Sharon at 8847-6911

ALL OTHER CLASSES NO CHARGE – THANK YOU TEACHERS FOR YOUR TIME AND GENEROSITY!

*Bali Rica is located in Ojochal on Calle Papagayo. For more info contact Sharon
(sharon@balirica.com) at 8847-6911*

We encourage carpooling.

Please Park outside gates on Calle Papagayo, mindful to ensure that traffic can pass safely.

Unsubscribe to mailing list with email - subject line add/ delete to mailing list – to sharon@balirica.com.